

MORSELS AND MORE

CREAMY BROCCOLI SOUP

Participants dice in small pieces

2 medium carrots

1 medium onion

2 celery stalks

2 bunches broccoli

Another participant can grate 1/3 cup fresh parmesan

3 T. oil

2 cans chicken broth

2 cups water

½ cup uncooked Minute Rice

2 cups milk

Cook carrots, onion, & celery in oil about 3 minutes.

Add broth & water, Stir; bring to a boil

Add broccoli and rice; reduce heat, simmer 15 min. stirring often

Add this soup to a blender in small batches and puree

Return to the pot; add milk and cheese; Serve hot with crusty bread.