

## MORSELS AND MORE

### PASTA AND VEGETABLES

16 oz. pkg. of wheat spaghetti

3 T. Olive oil

2 T. minced garlic; participant can mince

Participants dice the following vegetables;

3 large tomatoes

1 yellow bell pepper

1 red bell pepper

1 small zucchini

2 T. balsamic vinegar

2 T. crumbled feta or blue cheese

Pepper

Cook the pasta. Place in a bowl. Heat oil in skillet and saute garlic.

Add tomatoes, peppers, and zucchini. Cook.

Mix in vinegar, stir. Pour over spaghetti and toss. Place crumbled cheese on top and serve with crispy garlic toast.