

MORSELS AND MORE

Baby Quiche

Preheat oven to 425

You will need muffin pans and 2 refrigerated pie crusts.

Chunk cheese of choice; participant grates the cheese

Bell pepper, diced fine

Cooked broccoli, chopped

Fried bacon, crumbled

Cooked sausage or ham, cut or crumbled

Fresh spinach, chopped

Set all veggies and meats aside

Two participants roll out the pie crusts (2) and use a 2 ½ inch or 3 inch cookie cutter to cut circles.

Another participant beats 2 eggs, 2/3 cup milk, and salt and pepper in a small bowl hand mixer.

Cut circles are provided to participants who press them into the muffin tins.

Then, each participant decides what they would like in the bottom of their quiche; peppers, spinach? Cheese, bacon, sausage? Once they have the veggie/meat ingredients in the muffin, top with the egg custard. Bake for 15 min.