

THINGS WE EAT WITHOUT COOKING

Apples	Onion	Peanuts
Pears	Tuna	Sun seeds
Watermelon	Salmon	Nuts
Cantaloupe	Sardines	Candies
Grapes	Jerky	Cottage cheese
Kiwi	Cheese	Pudding
Bananas	Chips	Pretzels
Oranges	Bologna	Cookies
Grapefruit	Salami	Jell-O
Carrots	Yogurt	Breads
Celery	Ice cream	
Cauliflower	Crackers	
Broccoli	PNB & J	
Lettuce	Pickled Herring	
Cabbage	Dill pickles	
Bell pepper	Olives	