

# Socks Matching Activity

## PURPOSE:

- Practice gross & fine motor skills
- Promote use of everyday familiar objects
- Practice visual discrimination

## MATERIALS:

- Storage container for loose socks
- Box to contain matched socks
- Several pairs of socks of various colors
- Clothes pins (spring type)
- Container for pins

## SETUP:

1. Place the container of loose socks on the table
2. Place the empty box next to the full one
3. Place container of clothes pins within easy reach
4. It may be necessary to empty the loose socks onto the table to make them more accessible

## INSTRUCTIONS:

1. Pick up one sock
2. Search through the pile of loose socks for a mate
3. Place the mates together
4. Secure socks with a clothes pin
5. Place matched set in the box provided
6. Continue until all the socks have been matched, pinned, and boxed

## DOWNWARD EXTENSION:

Remove clothes pins from already matched socks; place the socks in the box and the pins into their container

## UPWARD EXTENSION:

Match the socks and roll them up, turning the bottom sock over the roll. Then place the rolled socks into the box

**PROBLEMS & SOLUTIONS:**

**P: Resident is unable to match colors**

**S: Provide only the most vibrant colors; remove those that are close in color**

**P: Resident is unable to manipulate the clothes pin or roll the socks**

**S: Ask the resident to simply find mates and lay them in the box**

**P: Resident is unable to roll and turn the socks**

**S: Provide larger pairs of socks (small socks are more difficult to manipulate)**