

The Sandwich Islands, aka. Hawaii

The last queen of Hawaii was deposed in 1893

The islands stretch 1,523 miles

There are eight main islands;

Hawaii, Kaho'olawe, Maui, Lanai, Moloka'i,
O'ahu, Kauai, and Ni'ihau

Hawaii became a state in 1959.

Its principal exports are pineapple, flowers, coffee beans,
bananas, and macadamia nuts.

Hawaii has the largest volcano in the world; Mauna

Loa . **Mauna Loa** is the largest active volcano on the planet. Meaning "long mountain" in Hawaiian, it is the quintessential shield volcano in its shape— signified by broad, rounded slopes. The volcano makes up roughly 51% of Hawai'i Island and stands 13,681 feet (4,170 m) above sea level.

Population was 1,360,000 in 2010

Traditions;

A luau is held on a child's first birthday

1001 paper cranes are folded by a bride before
her wedding

Kanaka Maoli are native Hawaiians

Non-Hawaiians born on the island are called locals

When visiting the big island do not take any black sand or lava rock or you will anger Pele, a Hawaiian goddess.

Luau Foods;

Kalua Pig; roasted whole, all day in an underground oven.

Laulau; fish or chicken wrapped in banana leaves
and baked over hot coals

Poi; made from taro root

The Taro plant is sacred and at the center of

Hawaiian's story of creation. It is naturally

Hypoallergenic, versatile, vibrant, starchy

Taro can be made into pies, burgers, chips, poi

There are over 300 varieties & it keeps forever

Pupu (snail) Platters; finger foods; pineapple chunks, shrimp, tempura, raw fish

Banana Bread

Guava Cakes

Pineapple Cakes

Haupia; cooked custard made from coconut milk

Hula;

The men danced the hula, NOT the women. The Hula was a war dance and a dance of masculinity.

Hawaiian men cared for the Taro and did the cooking.

Haole; outsider

Ono; good to eat

The Hawaiian party is great fun for everyone. Decorations can be inexpensively purchased from catalogs or even a dollar store. The blow-up palm trees and monkeys added tremendously to the overall appeal and tropical feel of the party.

Tables were decorated with bright colored plastic covers, yellow, green, and blue. We played Elvis' Blue Hawaii album while people were gathering but you could also play Hawaiian strings music or something else appropriate to the setting.

Tables could be embellished with fish net, sea shells, pineapples, leis, other items that are colorful and tropical. Each guest, as they entered the room, had a lei placed around their neck and was greeted with "Aloha".

Information on the "Sandwich Islands" was shared by one of the staff who dressed in white pants, Hawaiian shirt, and a straw hat. Other staff also dressed the part. Dressing to fit the party theme is another simple way to enhance the overall experience.

Pineapple Upside Down Cupcakes

You will need;

1 yellow cake mix

1 20 oz. can crushed pineapple

1/2 cup melted butter

1 1/2 cup brown sugar

Cherrys

Grease 24 muffin tins.

Drain pineapple, reserving the juice

Mix cake batter using the pineapple juice instead of water.

Spoon a 1 tsp. amount of melted butter into each muffin tin. Add 1 Tbl. Brown sugar. Press a cherry into the middle of the sugar and surround with 1 heaping tablespoon of pineapple. Fill the tin with batter. Bake at 350' for 20 minutes. Cool a bit and turn over onto parchment paper before plating.

Fruit Kabobs

Choose a variety of fruits with different vibrant colors. Cut them into cubes or thick slices.

Choices might include;

Strawberries, pineapple (canned chunks),
honeydew melon, kiwi, blackberries, and
watermelon

Using long kabob skewers, arrange the fruit chunks in colorful rainbows

Snack on a Pretzel

You will need thin pretzel rods, cheese chunks, spam cut into small chunks, and pineapple chunks (canned)

Simply place one cheese, one spam, and one pineapple chunk on a pretzel rod.

Simple Punch; Blue Hawaii

1 1/2 quarts orange juice
1 quart pineapple juice
1 quart ginger ale
4 oz. grenadine syrup

Mix all together and serve in clear glasses or clear plastic party cups. (The color makes the drink so clear glasses are important) Garnish the drink by placing a maraschino cherry on top.

Even Easier Blue Hawaii

Blue Kool-aid
Ginger Ale
Cherry garnish
Hawaiian Party Treat
Pineapple Jell-O
Kool Whip
Cherries

Prepare the jell-o. When ready to serve, cut into squares and plate. Top with a crown of Kool-Whip and place a cherry on top.